

2015-2016 Rules Revisions

The following changes in rules/guidelines were approved at the April 10, 2015 meeting.

ISDTA will be adding an On-Line Rules Test that must be taken prior to registering for ISDTA Competitions. The test will appear at the beginning of the Registration process and must be completed by the person doing the registering before proceeding further.

Video/Camera Tripods or Selfie Sticks are **NOT** allowed at any ISDTA Competition.

Required Head Concussion: The National Federation of High Schools and the Iowa Code requires that all high school and junior high coaches (head, assistant, volunteer) must watch the concussion video. This includes dance and cheer. You will be able to view the online course beginning July 1, 2015. Coaches are required to view prior to their first legal practice, and the link will be on our website beginning July 1, 2015.ighsau.org

Talk to your local administrators about this video that is now required to coach dance.

**ONLINE REGISTRATION WILL BE LIVE ON THE ISDTA WEBSITE:
ISDTA.NET AUGUST 1, 2015. DEADLINE TO REGISTER IS
BY MIDNIGHT ON OCTOBER 1.**

IF YOU ARE A NEW COACH, YOU WILL NEED TO CONTACT help@isdta.net to obtain your school password and then you will be able to change the contact information and register.

RULES AND REVISIONS FOR THE 2015-2016 SEASON:

“Suggestive, offensive and vulgar choreography and/or music”

Choreography generally has not been a problem; it has all been with the music lyrics and/or content.

1. The committee is making the following examples to give coaches and choreographers a better understanding of what is acceptable.

Example #1: the song “Chandelier” is referencing drinking, partying all night and has the recurring phrase “1-2-3 drink”. This song would not be considered appropriate under our “family-friendly” and “referencing/pertaining to anything illegal for minors” (even though we heard this song several times at Solos and Team 2015).

Example #2: the song “Royal” has a phrase in the second verse referring to drinking Grey Goose (which is a brand of vodka). This song would only be acceptable if that verse is edited out/removed.

Example #3: the song “Uptown Funk” has a recurring chorus of “Hot Damn” and a section in verse two that states “fill my cup, put some liquor in it”. This song would only be acceptable if these sections were edited out/removed.

Example #4: if the word “hell” is used as a defined place (example – “this could be heaven or this could be hell”) then it is OK. However, if it is used in a slang expression (example – “He’s a helluva guy” or “Hella-good hair”) then it is not acceptable and should be edited out.

It is the recommendation of the committee that coaches avoid any song with “hell” in it, even if it’s referencing a place.

Regarding editing: it is the opinion of the committee that the editing should not suggest what the removed word actually is. For example: if “ass” is being removed we should not hear the “aa” sound or the “ss” sound. The entire word and the sound of any parts of the word need to be taken out.

(NEW) Kip-Up Clarification: "If a participant is lying on the ground, he/she may kip up from that position. Airborne skills without hip-over-head rotation may not jump from a standing or squatting position backwards onto the neck, shoulder or hands. This only applies to a type of entrance into the kip/rubber band skill."

Headsprings are NOT OK...Refer to this link for a visual of a Headspring, and notice there is a disclaimer warning of injury when trying this.
<https://www.youtube.com/watch?v=E-nKUgjB06g>

Tattoos: Request of wearing/displaying a tattoo for enhancement of your routine would need to be **pre-approved by the Executive Director (Team) or Solo Director prior to the Contest** to avoid penalty. **Penalty 10 points per infraction. This includes temporary tattoos and/or writing on the body with a Sharpie.**

DRESSING AREA: There will be a separate dressing area for females and a separate dressing area for males located in the lower level of Vets Auditorium.

PHOTOGRAPHY is allowed from the Directors Chairs but not by the coach/person sitting next to the announcer. **The coach should be focused on the team’s performances**, and have an assistant do the photography.

***NEW Entrance and Exit times: Time to enter the floor is now :30 and time to exit the floor is :30 in the categories that do not allow for “Set-Up Time.”** *The announcer states “South High School, we are ready for your entrance” and then the team has 30 seconds.*

“Lifts, Stunts, Spotting”

The committee would like to add clarifying language for spotting:

“proper spotting means the spotter must be fully engaged and paying attention to the performer executing the stunt/trick. The spotter must be within close reach of the performer in case the stunt/trick doesn’t execute properly.”

***NEW – SIZE OF BACKDROPS AND PROPS:**

ALL PROPS MUST BE PRE-APPROVED. EMAIL THE EXECUTIVE DIRECTOR (kenyart@prairieinet.net) WITH A DESCRIPTION OF YOUR PROPS PRIOR TO NOVEMBER 10.

Maximum size 8' wide (deep) X 8' tall X 8' sections for length. **Connected 8' sections are allowed to enter the performance floor from the corner entrance.** Maximum finished height of a prop/backdrop after assembly is a maximum 8'. Assembly of props/backdrops must be completed within the two-minute set-up/entrance time. Ramps 4' wide will be set at the entrance and exit corners of the performance floor. Weight limit for a prop is 150# - must be approved by the Executive Director if weight is in question. *ALL PROPS AND BACKDROPS MUST BE REMOVED FROM THE WARM-UP AREAS PRIOR TO AWARDS.*

The maximum height of a prop to stand or sit on is 6 ft.

No roller skates, roller blades, confetti, powder, straw (unless wrapped in plastic) or water may be used. **Refer to WHEEL CLARIFICATION RULE.**

NO hard caster wheels are allowed on the performance floor-only air filled wheels.

Each team is responsible for any damage to the performance floor. Lift all props onto the floor and do not slide props to avoid damage to the floor. All props/backdrops must be safe guarded by having padding on the prop making contact with the floor. No tapping of props on the performance floor (i.e. drum sticks).

ISDTA Rules are NOT Nationals Rules

ISDTA IS NOT A QUALIFYING EVENT FOR ANY OTHER COMPETITION.

It's important to make clear that the various Nationals competitions have different sets of rules and if the soloist or team is competing at an ISDTA event then it will be ISDTA rules that are followed.