2013 Junior Drill Team Camp

Bulletproof

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| Set | Time | Counts | \*When talking about “down” and “up” I am usually referring to the ball, not the tip. |
|  |  | START | Megan (M) stage left and Johnson (J) stage right. Facing each other in hitched right 4th. Own baton in right hand holding ball. Left arm on hip and looking at each other. |
| Intro… Verse 1 | 0:00 | 8 | Hold (1-4), Keeping left hand on hip, lean back and circle baton up first (5), down (6), Snap upper body up, jump up into parallel relevé, and grab hold of other baton in left hand, with your baton still in right (7), hold (8) |
|  | 0:03 | 8 | Circle to left back to where you started (1-8) |
|  | 0:06 | 8 | Let go of right/your baton, and circle left hand baton up first (1), down (2), and partner toss it (3), catch your baton vertical ball up (4); Keep baton vertical and strut cross each other to change stage sides (5-8) |
|  | 0:09 | 8 | “Cars and Trucks” (1-8).Car = Tip, Truck = Ball. It is supposed to be like cars and trucks going through a tunnel, which is under your arm.Circle Ball forward and then under your arm, down (1), continue circling and the ball is up with the tip down under arm (2), continue motion and circle ball down outside arm (3), continue circling and the ball is up with the tip down outside arm (4), repeat (5-8)\*We can do this faster where we only mark counts with the ball down in and out. We will see what we can do. |
|  | 0:13 | 8 | Chaîné right (1-3), Right cartwheel, end in 2nd position with baton tucked (4-8) |
|  | 0:16 | 8 | Shimmy/roll shoulders down facing right (1-4), Left stag with wings (5), leg down crossed (6), Ronde de jambe right leg to face front, end in 4th (7-8) |
|  | 0:19 | 8 | Left arm to hip, and circle baton (you have to loosen up to grab the tip) down in front (1), up (2), down in back (3), up (4), down in front (5), under left leg and release (6), catch baton ball up (7), tuck baton and bring left arm up in 45 (8) |
|  | 0:23 | 8 | “Flare,” Sweep across feet down (1), circle up (2), down behind head (3), up (3+), tuck (4), “Tilt,” left leg up and upper body is perpendicular to the floor with arms open up and down (5), leg cross down (6), turn over right shoulder with arms at sides (7-8) |
| Chorus Dubstep | 0:26 | 8 | J: Step out to 2nd and arms in 3rd to “present” Megan (1), hold (2-8)M: Left arm on hip, Strut forward with “Chocolate and Vanilla” front (1), back (2), repeat (3-4), turn upper body to left and “cars and trucks” (5-6), backscratch out (7-8)… |
|  | 0:30 | 8 | J: Hold (1-8)M: Thumb toss (1-2), catch (4 or 5), Piqué turn left with left arm down right airplane arm and end in present to J (6-8) |
|  | 0:33 | 8 | J: Left arm on hip, Strut forward with “Chocolate and Vanilla” front (1), back (2), repeat (3-4), Step out with left and pop knee, and circle baton continuing motion down (5), up (6), tuck (7), chest pop/attitude (8)M: Hold (1-8) |
|  | 0:36 | 8 | J: Thumb toss (1-2), catch (4 or 5), Piqué turn left with left arm down and right airplane arm and end in lower V (6-8)M: Hold (1-7), snap down to lower V (8) |
| Ext. Chorus | 0:40 | 8 | Roll shoulders back r-l as stepping backwards (1-8) |
|  | 0:43 | 8 | Stop in 2nd and pom arms to left (1), hold (2), right (3), hold (4), Turn over left shoulder and bring arms down while stepping left to back then finish with right (5-6), pivot to front (7-8) |
|  | 0:47 | 8 | Hitch right with arms up (1), kick left with arms down (2), finish in 2nd (3), hold (4), body roll back with right step back (5-7), hold (8) |
|  | 0:51 | 8 | Pass baton to left hand, circle ball across feet and bring ball to right, then grab baton with left with palm to body (1-2), continue motion and bring baton to behind back and regrab right with both hands palm out and ball to left (3-4), turn over left shoulder and helicopter baton over head and finish front with baton palm up and ball to right (5-8) |
|  | 0:54 | 8 | “Pancake spins” (1-8). Ball is on top and circle flat counter clockwise while tip is on bottom and circles flat counter clockwise. Use thumb and first finger to pinch. Ball in (1), out (2), repeat. |
|  | 0:57 | 8 | Pancake in (1), out (2), in and flat toss (3), catch palm down, ball to left (5), cut over to left with left arm out, looking left (6), circle baton up and down while leaning to right and bringing left arm to head and looking down right, like a snap (7), hold (8) |
|  | 1:01 | 8 | J solo: Repeat! Left arm to hip, and circle baton (you have to loosen up to grab the tip) down in front (1), up (2), down in back (3), up (4), down in front (5), under left leg and release (6), catch baton ball up (7), tuck baton and bring left arm up in 45 (8)Megan: exit stage to get knives |
|  | 1:04 | 8 | J: “Flare,” Sweep across feet down (1), circle up (2), down behind head (3), up (3+), tuck (4), “Tilt,” left leg up and upper body is perpendicular to the floor with arms open up and down (5), leg cross down (6), turn over right shoulder with arms at sides (7-8) |
|  | 1:07 | 8 | J: Left arm on hip, Strut forward with “Chocolate and Vanilla.” Clockwise circles, front (1), back (2), repeat (3-4), Step out with left and pop knee, and circle baton continuing motion down (5), up (6), tuck (7), chest pop/attitude (8) |
|  | 1:11 | 8 | J: Thumb toss (1-2), catch (4 or 5), Piqué turn left with left arm down and right airplane arm and end in lower V (6-8)M: Move in with knives (1-8) |
| Outro | 1:14 | 8 | J: Roll shoulders back r-l as stepping backwards (1-8)M: Dropspins and moving back with J (1-8) |
|  | 1:17 | 8 | J: Stop in 2nd and pom arms to left (1), hold (2), right (3), hold (4), Turn over left shoulder and bring arms down while stepping left to back then finish with right (5-6), pivot to front (7-8)M: dropspin (1), palm roll knife up (2), circle around to left (3-4), turning flare and end at lower V (5-8) |
| Dubstep | 1:21 | 8 | J: Arm roll (1-4), elbow roll (5-8)M: Circle right and hit knives together (1-3), hold (4), Chaîné right (5-6), push connected knives right (7-8) |
|  | 1:24 | 8 | J: Chocolate and Vanilla front (1), back (2), repeat (3-4), Step out with left and pop knee, and circle baton continuing motion down (5), up (6), tuck (7), chest pop/attitude (8)M: Circle knives (1-8) |
|  | 1:27 | 8 | J: Thumb toss (1-2), catch (4 or 5), Piqué turn left with left arm down and right airplane arm and end in lower V (6-8)M: Down (1), up (2), front down (3), up (4), down in back (5), up (6), front down (7), up (8) |
|  | 1:31 | 8 | J: Strut off stageM: Under legs and catch (1-4), unhook and strut off (5-8) |